



INGE STRUYF

BIODANZA FUNDAMENTALS

- Ecole de Biodanza Mediterranée in 2008 (ME 0817)
- Didactic training (2015 – 2016)
- Schooldirector since 2017 – Vlaamse Biodanzaschool – Belgium

RELATED STUDIES, TRAININGS AND THERAPIES

MEMBERSHIP

- Member of ASSEUB (2020 – 2024)
- Member of UKIN (2024 – now)
- Member of Biodanza.be
- Member of FFB
- Member of workgroup Ethics FFB
- Member of a deepening Ethics workgroup

CONTACT ME

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STUDIES AND TRAINING

professional dance schools, psychology, Montessori education, Sociocracy, Sensorimotor therapy, dancetherapy, art therapy, coaching of perfectionism, postgraduate program in applied ethics , existential counseling, authentic movement

THERAPIES

EMDR, Gestalt, coaching of perfectionism, psychoanalysis, authentic movement



ARTICLE

'On linguistic confusion: dancing on the tightrope between passion and tenderness'

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FACILITATION OF WORKSHOPS

weekly groups (France 2007 – 2010/Belgium 2017 – 2023) – workshops in France: From early tenderness to existential creativity, Origine, Reborn in Biodanza (oct 2026) – workshops in Belgium (summary): Trance of suspension, Minotaur, Tree of desires, The Evolution Project, Biocentric Education, The poetic language of our movements, Origin, Reborn in Biodanza (2027) – workshops in The Netherlands (2027): Origin, Reborn in Biodanza (2027) – special events: Ethics in Action (Biodanza Festival Belgium – 2026)

FACILITATION OF SCHOOLMODULES

- Vlaamse Biodanzschool (BE): all modules except Biological Aspects, Physiological Aspects, Music in Biodanza and Musical semantics
- Ecole de Biodanza des Quatre Ardennes (BE): Mecanismes of Action
- Ecole de Biodanza de Montpellier (FR): Trance and Regression
- Deepening day for facilitators (Association of Biodanza facilitators The Netherlands): an introduction in 'reading the movement' and 'poetry in Biodanza'
- Ecole de Biodanza de Lyon (FR): The human movement (2027)

TRANSLATIONS

–booklets and books in to Dutch: Evolution Project, The Vivenciality, Biodanza, the art of dancing life (Carlos Garcia Varela), Biodanza and Poetry, Biodanza and the Biocreative Diary (Maria Amaya del Pilar), Origin, Reborn in Biodanza (Silvia Eick – 2027), Poetry of Roland Toro Araneda
–live translation during several workshops into Dutch, English and French from Spanish, French or English and the other way round



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EXTENSIONS AND APPLICATIONS

Biodanza for children and adolescents (Alejandro Balbi Toro) – Biodanza: Identity and the four elements (Hélène Jeanne Lévy Benseft) – The Evolution Project (Carlos Garcia Varela) – Biodanza and reading body language (Maité Bernardelle) – Biodanza, Poetry and the Biocreative Diary (Maria del Pilar) – The Minotaur Project (Birgit Mutze and Cordula Bruch) – The Tree of Desires (Paula Roulin Prat) – The Path to Ecstasy (Nadia Costa Robin) – Origin, Rebirth in Biodanza (Silvia Eick)

DEEPENINGS

Neuroscience (Cordula Bruch) – Biocentric Education (Ruth Cavalcante and Soizic Le Guiff) – Radicalisation of Progressivity (Antonio Sarpe) – The Angel's Premonition (Rolando Toro Araneda) – Profound Femininity and Masculinity (Antonio Sarpe–Hélène Jeanne Lévy Benseft) – Biodanza and The rescue of Eros – The therapeutic power of Tenderness – Selfesteem (Carlos Garcia Varela) – From Encounter to Relationship – Biodanza and Clay – Suspending Trance (Hélène Jeanne Lévy Benseft) – Biodanza in the Mountains (Bruno Ribant and Hélène Jeanne Lévy Benseft) – Biodanza and Y-King (Marlyse Appy) – Biodanza, Voice and Percussion (Sergio Cruz) – Musical analysis (Nadia Costa Robin)

LANGUAGES

- English
- Dutch
- French
- Spanish